

□ **Post Curettage Wound Care Instructions**

Please keep the bandage that we place intact until your next shower. At that time, cleanse the wound gently with soap and water, rinse well, and pat dry. It is important to always keep the wound clean to avoid possible infection. Once dry, apply a small amount of Vaseline on area twice a day and cover the area with a nonstick dressing. Continue this process every day until the wound has healed. Keeping the wound moist with Vaseline will prevent a thick scab from forming, which allows the wound to heal quickly and will also minimize scarring. We prefer Vaseline to antibiotic ointment because some people are allergic to antibiotic ointment.

These sites usually take 4-6 weeks to heal. During this time, you should expect the sites to be somewhat tender to the touch.

In other locations, like on the back, it will be easier to care for your site if it is allowed to dry out and form a scab. This is done by cleansing gently with soap and water, but then leaving it uncovered instead of applying Vaseline and a bandage. This approach will delay healing, but it will be easier to care for.

If you have any questions or concerns about the healing of your wound, please do not hesitate to call us at (703) 723-5700